

Module 1: January

Resource:

Maciocia, G, 2015, the Foundations of Chinese Medicine, Third Edition, Elsevier, New York, N.Y.

Deadman, P. Al-Khafaji, M, Baker, K. 2001, A Manual of Acupuncture, Journal of Chinese Medicine Publication, East Sussex, England. Or download manual of acupuncture app.

<http://amanualofacupuncture.com/> on Android or IOS (recommended).

Calhoun, DC. (2019) *Acupuncture Techniques 101: Safety, CNT, and Needling Techniques*, San Miguel de Allende, Mexico. Cats TCM Notes Press,

Friday	
0900-0930 Introduction to TCM	
0930-1130 Concepts of Healing	
1300- 1500 Concepts of Disease	Part 3: Causes of Disease. P 247-294
1500 – 1700 Transformation of Qi	Chapter 4: Transformation of Qi. P 75-89
Saturday	
0900-1100 Awareness and Perception	
1300-1700 TCM Theory I: Yin-Yang, 5-Elements, Vital Substances	Part 1: General Theory: Chapter 1-4. P 1-45
Sunday	
0900-1100 Yin organ Interaction	
1100-1200 Introduction to Channel theory: Functions of Internal Organs.	Chapter 5: The Functions of the internal Organs. P 97-103
1300-1500 Channel Function: Lung/Large Intestine, Spleen/Stomach	Chapter 8 Functions of the lungs p-129-141 Chapter 15 Functions of the Large Intestine p 205-206

	Chapter 9 Functions of the Spleen p-143-151 Chapter 13 Functions of the Stomach p193-197
1500-1700 Technique I: location, CNT, Needling, Risk,	CNT Manual Review
1700 – 1715 Online Evaluation	
Module 1 Online Module	
Cognitive Behavior Therapy (power point) Motivational Interviewing (power point) Review CNT manual Calhoun, DC. (2019) <i>Acupuncture Techniques 101: Safety, CNT, and Needling Techniques</i> , San Miguel de Allende, Mexico. Cats TCM Notes Press,	Manual of Acupuncture (introduction and chapter(s) specific to Lung/Large Intestine, Stomach and Spleen Channel (with emphasis on proper point location, and needle angle Review Section 2: Function of the Points: Chapter 54 Lung channel p 941-958 Chapter 55 Large Intestine Channel p 961-970 Chapter 56 Stomach Channel p 973-991 Chapter 57 Spleen Channel p 995-1005

Module II: April

Resource:

Maciocia, G, 2015, *the Foundations of Chinese Medicine*, Third Edition, Elsevier, New York, N.Y.

Deadman, P. Al-Khafaji, M, Baker, K. 2001, *A Manual of Acupuncture*, Journal of Chinese Medicine Publication, East Sussex, England. Or download manual of acupuncture app.

<http://amanualofacupuncture.com/> on Android or IOS (recommended).

Calhoun, DC (2019), *Acupuncture Techniques 102: Moxibustion, Three-edged Needle, Cutaneous Needle Therapy, Gua Sha, Cupping and Electroacupuncture*, San Miguel de Allende, Mexico. Cats TCM Notes Press,

Friday	
0900-0930 Module Update	
0930-1130 Exam and Hands on Practicum – Lung/Large Intestine, Spleen/Stomach channels, with Review of CNT	
1230-1800 TCM Pathology	Part 5: Pathology Chapter 27, Chapter 28 Chapter 29 p 401-432
Saturday	
0900-1000 Introduction to Patterns	Section 1 p 448
1000-1100 Patterns according to the 8-Principles	Chapter 30 p 451-465
1300-1400 Patterns according to Qi, Blood, Body Fluids	Chapter 31 p 469-476
1400-1500 Patterns according to Pathogenic Factors	Chapter 43 p 725-745
1500-1600 Patterns Lung channel	Chapter 35 p 571-594
1600 – 1700 Patterns Large Intestine channel	Chapter 40 p 687-697
1700-1800 Patterns Spleen channel	Chapter 36 p 597-612
1800 – 1900 Patterns Stomach channel	Chapter 38 p 651-672
Sunday	
0900-1100 Diagnosis I: Observation, Interrogation, Palpitation, Hearing and Smelling	Part 4: Chapter 23, Chapter 24, Chapter 25, Chapter 26 p 297-399
1200-1700 Channel Functions: Heart/Small Intestine, Pericardium/Triple Heater	Chapter 6 107-115 Chapter 14 201-202 Chapter 11 169-172 Chapter 18 219-229
1700 – 1715 Online Evaluation	
Module II Online Module	

<p>Introduction to Integrative Health and Medicine (power point).</p> <p>Techniques II: Tuina, Guasha, Moxa, Cupping, Electrotherapy, Auricular therapy, TDP, Bleeding, Scalp and 7 Star.</p> <p>Calhoun, DC (2019), <i>Acupuncture Techniques 102: Moxibustion, Three-edged Needle, Cutaneous Needle Therapy, Gua Sha, Cupping and Electroacupuncture</i>, San Miguel de Allende, Mexico. Cats TCM Notes Press,</p>	<p>Review Section 2: Function of the Points</p> <p>Chapter 58 – Heart Channel</p> <p>Chapter 59 – Small Intestine Channel</p> <p>Chapter 62 – Pericardium Channel</p> <p>Chapter 63 – Triple Burner Channel</p> <p>Chapter 52 and Chapter 53: Introduction to Eight Extraordinary Vessels 867-936</p>
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Module III: July

Resource:

Maciocia, G, 2015, the Foundations of Chinese Medicine, Third Edition, Elsevier, New York, N.Y.

Deadman, P. Al-Khafaji, M, Baker, K. 2001, A Manual of Acupuncture, Journal of Chinese Medicine Publication, East Sussex, England. Or download manual of acupuncture app.

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Friday	
0900-0930 Module update	
0930-1130 Exam and Hands on Practicum: Heart/Small Intestine, Pericardium/Triple Heater with review of Tongue/Pulse Diagnosis	
1230-1330 Challenges of TCM Diagnosis	
1330-1530 Channel Function: Liver/Gall Bladder, Kidney/Urinary Bladder	<p>Review Section 2 Function of Points</p> <p>Chapter 7 – p 117-126</p> <p>Chapter 16 p 209-211</p> <p>Chapter 10 p 155-165</p> <p>Chapter 17 p 215-216</p>

1530-1630 Functions of the Six Extraordinary Yang Organs: uterus, bladder, brain, marrow, bones, blood vessels, gall bladder, four seas	Chapter 19: p 235-243
Saturday	
0900-1100 Introduction to Extraordinary Vessel Theory	
1200-1500 Extraordinary Vessel diagnosis and treatment	Chapter 48: Identification of patterns according to the eight extraordinary vessels.
1500-1700 Extraordinary Vessel (ICP) practicum	
Sunday	
0900-1000 Patterns of Heart channel	Chapter 32 p 489-513
1000-1100 Patterns of Small Intestine channel	Chapter 39 p 677-684
1100-1200 Patterns Pericardium channel	Chapter 33 p 515-524
1300-1700 Techniques: Practicum Review: Moxa, Cupping, Electrotherapy, TDP and 7 Star therapy	
1700 – 1715 Online Evaluation	
Module III Online Module	
Review of EV treatments using notes from class and review of chapter 48	Review Section 2: Function of the Points Chapter 65 – Liver Channel Chapter 64 – Gall Bladder Channel Chapter 61 – Kidney Channel Chapter 60 – Urinary Bladder Channel

Module IV October

Resource:

Maciocia, G, 2015, the Foundations of Chinese Medicine, Third Edition, Elsevier, New York, N.Y.

Deadman, P. Al-Khafaji, M, Baker, K. 2001, A Manual of Acupuncture, Journal of Chinese Medicine Publication, East Sussex, England. Or download manual of acupuncture app.
<http://amanualofacupuncture.com/> on Android or IOS (recommended).

Friday	
0900-0930 Module update	
0930-1130 Exam and Hands on Practicum: Liver/Gall Bladder, Kidney/Urinary Bladder with review of Tongue/Pulse Diagnosis	
1230-1330 Review of Extraordinary Vessels.	
1330-1430 Patterns According to Six Stages	Section 3 Chapter 44 p 751-762
1430-1530 Patterns According to Four Levels	Chapter 45 p 765-781
1530-1630 Patterns According to the Three Burners	Chapter 46 p 787-790
Saturday	
0900-1000 Patterns According to the 12 Channels	Chapter 47 p 795-807
1000-1100 Patterns According to the 8 EV	Chapter 48 p 807 – 818
1100-1200 Patterns According to the 5 Elements	Chapter 49 p 821-823
1300- 1400 Principles of Treatment	Part 8 Chapter 69 p 1170-1189
1400-1500 Categories of Points	Section 1 Chapter 50 p 830-843
1500-1600 Functions of Specific Categories of Points	Chapter 51 p 846-865
1600-1700 Principles of Combination of Points	Chapter 70 p 1191-1207
Sunday	

0900-1000 Patterns of Liver channel	Chapter 34 p-529-559
1000-1100 Patterns of Gall Bladder	Chapter 41 p 703-710
1100-1200 Patterns of Kidney	Chapter 37 p 621-640
1300-1400 Patterns of Urinary Bladder	Chapter 42 p 713-718
1400-1700 Integrative Medicine: the relevance of TCM in allopathic practice	
1700 – 1715 Online Evaluation	
Module IV Online Module	
Introduction to Tai Chi Video: 3hrs	Review Section 2: Function of the Points (3 hours) Chapter 66 Directing Vessel (Ren Mai) Chapter 67 Governing Vessel (Du Mai) Chapter 68 Extra Points
Categories of Points Section 1 (4 hr) Chapter 50 p 830-843 Functions of Specific Categories of Points Chapter 51 p 846-865 Principles of Combination of Points Chapter 70 p 1191-1207	Maciocia, G, 2008, The Practice of Chinese Medicine: The treatment of diseases with Acupuncture and Chinese Herbs, second edition, Elsevier, New York, N.Y. (5 hours) Enuresis and Urinary Incontinence Chapter 32 Urinary Retention Chapter 33 Interstitial cystitis Chapter 34 Epigastric Pain Chapter 22

Module V January

Resource:

Maciocia, G, 2015, the Foundations of Chinese Medicine, Third Edition, Elsevier, New York, N.Y.

Deadman, P. Al-Khafaji, M, Baker, K. 2001, A Manual of Acupuncture, Journal of Chinese Medicine Publication, East Sussex, England. Or download manual of acupuncture app.

<http://amanualofacupuncture.com/> on Android or IOS (recommended).

For Therapeutic lectures refer to:

Maciocia, G, 2008, *The Practice of Chinese Medicine: The treatment of diseases with Acupuncture and Chinese Herbs*, second edition, Elsevier, New York, N.Y.

Friday	
0900-0930 Module Update.	
0930-1130 Exam and Hands on Practicum: Ren, Dai, and Extra Points	
1230-1330 Etiology of Pain	
1330-1630 Therapeutics: Pain Management	Low Back Pain Chapter 39 Joint Pain (Bi syndrome) Chapter 38
1630-1830 Therapeutics: Men's Health	Erectile Dysfunction Chapter 47 Benign Prostatic Hyperplasia Chapter 35
Saturday	
0900-1200 Technique: Auricular, and Battlefield Acupuncture	Oleson T (2013) <i>Auriculotherapy Manual: Chinese and Western System for Ear Acupuncture</i> , 4 th ed. NY, Churchills Livingston. (recommended) Note that earlier editions offer a spiral edition less cost.
1300-1500 Auricular Practice	
1500-1700 Therapeutics: Endocrine and Internal Medicine	Fatigue Chapter 20
Sunday	
0900-1100 Introduction to Tuina	Aspell, R. (2019). <i>The Practice of Tui Na</i> . London, UK, Singing Dragon-Jessica Kingsley Publishers Recommended
1200-1400 Tuina therapeutics and treatment	

1400-1500 Tuina practicum	
1500-1800 Therapeutics: Women's/OB-GYN Health	Cystitis Chapter 34
1800 – 1815 Online evaluation	
Module V Online Module	
<p>Scalp Acupuncture</p> <p>Hao, JJ, Hao, LL. Wolfe, HL (2011) Chinese Scalp Acupuncture, Portland, OR. Blue Poppy Press (4 hours)</p> <p>Tai Chi and Meditation (video Dr. Paul Lam: Tai Chi for Beginners Begin your journey to better health with Six Easy Steps and/or (2 hrs)</p> <p>Dr Paul Lam: Tai Chi for Life: Gentle Exercises for Seniors and Beginners (2 hrs)</p>	<p>ENT disorders:</p> <p>Headache- Chapter 1</p> <p>Dizziness Chapter 2,</p> <p>Breathlessness Chapter 3</p> <p>Wheezing. Chapter 4</p> <p>Allergic Asthma. Chapter 5</p> <p>Allergic Rhinitis Chapter 6</p> <p>Sinusitis Chapter 7</p> <p>Cough Chapter 8</p> <p>Pain disorders: Fibromyalgia Chapter 40 (+ pp)</p> <p>Endocrine disorders:</p> <p>Thyroid disorders (hyperthyroidism, hypothyroidism). Chapter 18</p> <p>Hypertension Chapter 19</p> <p>Chest Painful Obstruction Syndrome Chapter 21</p> <p>1.5 hours per chapter review</p>

Module VI April

Resource:

Maciocia, G, 2008, The Practice of Chinese Medicine: The treatment of diseases with Acupuncture and Chinese Herbs, second edition, Elsevier, New York, N.Y.

Module VI Online Module	
Tinnitus chapter 17	GI disorders Nausea and vomiting chapter 23 Gastric reflux chapter 24 Mouth ulcers chapter 25 Gall stones chapter 26 Abdominal pain chapter 27 Abdominal masses chapter 28 Diarrhea chapter 29 Constipation chapter 30 Renal calculi chapter 31
Chronic fatigue chapter 41	
Parkinson chapter 42	
Wind stroke – chapter 43	
Atrophy syndrome chapter 44	
Multiple sclerosis chapter 45	
Bleeding chapter 46	
Colds and influenza chapter 48	
Friday	
0900-0930 Module Update	
0930-1130 Practicum – General Review of Points, and Technique	
1230-1430 Mental Health in TCM	The psyche in Chinese medicine chapter 9 The emotions chapter 10 Etiology and diagnosis chapter 11 and 12
1430-1730 Therapeutics: Mental Health	Depression Chapter 13 Anxiety Chapter 14 Insomnia Chapter 15
Saturday	

0900-1000 The Economics of Acupuncture	Overview of billing practice
1000-1230 Review of Therapeutics	
1330-1500 Herbal Medicine	
1500-1700 TCM Classics	
Sunday	
0900-1000 Functional Medicine and its relevance to TCM	Clinic Observation Log Sheet (100 hr)
1000-1100 Genetics and its relevance to TCM	
1200-1230 Course Summary and Evaluation	
1230- 1245 Online evaluation	
1300 Graduation	

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